

# The Importance of Salah

## Salah in the Shariah of other Prophets

Salah was prescribed in the Shariah (Religious Laws) of all the previous messengers and prophets of Allah. The Holy Quran speaks clearly about it:

1. The Prophet Ibrahim prays to God for himself and his children.  
"O My Lord! Cause me and my offspring to remain constant in prayer (Salah)"  
(14:40 Ibrahim)
2. The Quran says about the Prophet Ismail  
"He used to enjoin upon his people prayer" (19:55 Maryam)
3. Hazrat Luqman said to his son  
"O my dear son! Be constant in prayer" (31:17 Luqman)
4. The Prophet Mōosa was told by God  
"Hence worship Me alone and be constant in prayer (20:14 Taha)
5. The Prophet Jesus (Isa) said  
"And He has enjoined upon me prayer and charity as long as I live (19:31 Maryam)

## The Importance of Salah Salah in the Quran

SALAH has been mentioned in the Holy QURAN more than 100 times. Here are some of the verses about Salah:

1. And be constant in prayer and be not among those who associate others (gods) with ALLAH (30:31 ROOM)
2. Be ever mindful of prayers, especially the middle prayer (2:238 BAQRAH)
3. And enjoin prayer on your people and be constant therein (20:132 TAHA)
4. Indeed he will prosper who purifies himself, and remembers his Lord's name and prays (87:14-15 AL-ALA)
5. And be constant in prayer and spend in charity and bow down in prayer with all who thus bow down (2:43 BAQRAH)
6. And seek Allah's help in patience and prayer, and prayer is indeed hard except to those who are humble (2:45 BAQRAH)
7. And be constant in prayer, for behold, prayer restrains (man) from loathsome deeds and from all that runs counter to reason (29:45 ANKABOOT)

## The Importance of Salah Salah in Hadith [A]

1. Messenger of Allah (peace be upon him) said:

Tell me, if there be a river outside the door of someone, wherein he takes a bath five times a day, will he still be dirty? The Sahabah replied, no he will not remain dirty. He said: Thus are the prayers of five times. Allah forgives all sins (of those who perform 5 times daily prayers)

Reported by: Abu Hurairah (Bukhari and Muslim)

2. Abdullah son of Masud says:

I asked the Holy Prophet: which action is dearest to Almighty Allah?

He said: Prayers at their prescribed times

I asked what is next?

He said: obedience to parents

I asked what is next?

He said: Jihad in the way of Allah

(Bukhari and Muslim)

## The Importance of Salah Salah in Hadith [B]

3. The Prophet (peace be upon him) once spoke about prayer and said:  
Whosoever performs the prayer constantly, there will be for him a light, a proof (of his faith) and salvation on the Day of Judgement. And one who does not perform the prayer constantly, there will be no light, proof and salvation for him. He on that Day will be with Qaroon, Firaun, Haman and Ubay Bin Khalaf  
Reported by Abdullah bin Amr (Ahmed, Darmi, Bayhiqi)
  
4. The Prophet (peace be upon him) said:  
Ask your children to pray when they are seven years old. Instruct them and (if need be) use some corporal punishment if they do not perform their prayers at the age of ten and separate them in their beds at this age as well.  
Reported by Amr bin Shuaib (Abu Daud)

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## Benefits and Objectives of Salah

1. To remember God and seek closeness with Him
2. Self-purification
3. Unity and equality
4. Punctuality, Discipline and Will power
5. Concentration of mind and Devotion
6. Cleanliness
7. Education
8. Healthy Social Relations
9. As a safeguard against evil and indecency
10. A Course of inner peace and stability